

Āyurveda & Jyotiṣa

An Introduction to medical astrology
Une introduction à l'astrologie médicale

अवताराण्यनेकानि ह्यजस्य परमात्मनः ।

जीवानां कर्मफलदो ग्रहरूपी जनार्दनः ॥ ३ ॥

avatārāṅyānekāni hyajasya paramātmanah,
jīvānām karmaphalado graharūpī janārdanaḥ.

“The Pure Consciousness has many incarnations (forms). Janardana (Vishnu) in the form of the Grahas (planets), delivers the fruits of karma to all living beings” BPH 2:2

« La Conscience Pure a eu de nombreuses incarnations (formes). Janardana (Vishnu), sous la forme des Grahas, offre les fruits du karma de tous les êtres vivants. » BPH 2:2

Planet / Planete	Doṣa	Guṇa	Bhuta
Sun / Soleil	Pitta	Sattva	Fire / Feu
Moon / Lune	Kapha / Vāta	Sattva	Water / Eau
Mars / Mars	Pitta	Tamas	Fire / Feu
Mercury / Mercure	Vāta/Pitta/Kapha	Rajas	Earth / Terre
Jupiter / Jupiter	Kapha	Sattva	Ether / Éther
Venus / Vénus	Kapha / Vāta 2 nd	Rajas	Water / Eau
Saturn / Saturne	Vāta	Tamas	Air / Air
Rahu	Vāta	Tamas	Air / Air
Ketu	Vāta / Pitta 2 nd	Tamas	Fire / Feu

Planet / Planete	Dhātu	Positive	Negative
Sun / Soleil	Asthi (bone)	Prāṇa, Vitality	Low immunity
Moon / Lune	Rakta (red blood cells)	Good health	Mental issues, Blood, Lymph
Mars / Mars	Māṃsa (muscle, ligaments)	Vitality	Accidents, fevers, infections, acute
Mercury / Mercure	Rasa (plasma)	Neutral	Nerves, Skin
Jupiter / Jupiter	Meda (fat)	Vitality	Obesity, blockage
Venus / Vénus	Śukra (fertility)	Immunity	Uro-genital, infertility
Saturn / Saturne	Majjā (bone marrow, brain)	Longevity	Degenerative & chronic disease
Rahu	Saturn / Saturne	Inquiry	Chronic disease, viral infections
Ketu	Mars / Mars	Decernment	Addiction, bacteria

Planet / Planete	Doṣa	Organs / Glands
Sun / Soleil	Pitta	Heart, eyes, bones
Moon / Lune	Kapha / Vāta	Blood, lymph, spleen, reproductive fluids
Mars / Mars	Pitta	Muscle, ligaments, blood
Mercury / Mercure	Vāta/Pitta/Kapha	Plasma, skin, nervous system
Jupiter / Jupiter	Kapha	Liver, gall bladder, fat, pancreas
Venus / Vénus	Kapha	Kidneys, reproductive, pancreas
Saturn / Saturne	Vāta	Joints, marrow, nervous system
Rahu	Vāta	Poison, toxins, cancers
Ketu	Vāta / Pitta	Parasites, poison, cancers

Houses / Maisons	Body parts / Corps
1	Head, brain, hair, body in general, skin, longevity
2	Face, eyes (Rt), teeth, tongue, speech, nails
3	Ears (Rt), throat, neck, shoulders, physical growth
4	Chest, lungs, heart (possible), blood vessels
5	Heart, upper abdomen (stomach, liver, sm. intestine, pancreas)
6	Colon, kidneys, disease in general, acute, infections
7	Bladder, uterus, ovaries, testes, prostate, anus
8	External genitals, chronic disease, longevity
9	Hips, thighs, femoral arteries
10	Knees
11	Legs, left ear, shows disease (6 th from the 6 th)
12	Feet, left eye, disturbed sleep

	Signs / Signes	Planet	Body parts / Corps
1	Aries / Bélier	Mars	Head, skull, face, brain
2	Taurus / Taureau	Venus	Facial tissue, eyes, nose, ears, neck
3	Gemini / Gémeaux	Mercury	Shoulders, lungs, arms, hands
4	Cancer / Cancer	Moon	Breast, chest, heart, lungs
5	Leo / Lion	Sun	Stomach, Sm. Intestine, liver, spine
6	Virgo / Vierge	Mercury	Abdomen, colon, lower back
7	Libra / Balance	Venus	Internal genitals, kidneys, bladder
8	Scorpio / Scorpion	Mars	Internal genitals, prostate, anus
9	Sagittarius / Sagittaire	Jupiter	Pelvic, thighs, arteries, veins
10	Capricorn / Capricorne	Saturn	Knees, joints
11	Aquarius / Verseau	Saturn	Lower legs, ankles, tendons
12	Pisces / Poissons	Jupiter	Feet, toes, lymph

Nakshatras	Dosha	Body Part/s	Specific Conditions
Ashwini	Vāta	Knees	Higher instances of febrile conditions
Bharani	Pitta	Crown of head	Intestinal infections; loss of beneficial intestinal flora
Krittika	Kapha	Waist	Prone to irregular elimination (constipation) or bouts of diarrhoea
Rohini	Kapha	Shins	Poor elimination habits/disturbed apana Vayū, haemorrhoids, etc.
Mrigashirsha	Pitta	Eyes	Acid reflux and abdominal bloating
Ardra	Vāta	Forelock and hair	Low Agnī, insufficient or irregular digestive capability
Punarvasu	Vāta	Fingers	Recurring instances of digestive parasites, malabsorption of minerals
Pushya	Pitta	Mouth	Nausea, bloating and heaviness in the digestive tract
Aslesha	Kapha	Fingertips and nails	Poor circulation, fatigue and anaemia
Magha	Kapha	Nose	Respiratory weakness and/or cardio arrhythmia
Purvaphalguni	Pitta	Genitalia	Prone to chest infections, asthma or shortness of breath
Uttaraphalguni	Vāta	Genitalia	Skin irritation including rosaceae, blisters, sores and itchiness

Hastā	Vāta	Palm, hand	Hypoglycaemia, metabolism of water and sugars, prameha (diabetes), etc.
Chitrā	Pitta	Forehead	Vertigo, inner ear infections and tinnitus
Swati	Kapha	Jaw and chin	Weakness of vision, cataracts and muscae volitantes (floaters)
Vishaka	Kapha	Arm and forearm	Damage to ears including reduced levels of hearing and/or inner ear inflammation
Anuradha	Pitta	Heart	Prone to sinusitis, rhinitis, nose bleeds, etc.
Jyestha	Vāta	Tongue, mouth	Diseases of mouth, gums and palate, including teeth, jaw and throat
Mula	Vāta	Feet	Respiratory weakness, shortness of breath and pronounced chest infections
Purvashadha	Pitta	Thighs	Weakness of kidney, water retention, urinary calculi
Uttarashadha	Kapha	Thighs	Sensitive stomach, over-production of mucus, nausea
Śravana	Kapha	Ears	Loss of appetite, sensitive gums (mouth ulcers)
Dhanistha	Pitta	Spine	Damage to tendons/ligaments, rheumatic conditions
Shatabhishak	Vāta	Teeth	Falling of teeth and hyperacid
Purvabhadra	Vāta	Sides of torso	Vitiated Kapha, over-production of mucus (chest)
Uttarabhadra	Pitta	Sides of torso	Vitiated Vāta; cramps, muscular fatigue in the chest area
Revati	Kapha	Armpits, lymph	Prone to skin inflammation such as rashes, sores and boils

	As 12:41	Ma 04:07	
			Ke 04:21 JuR 17:47
Ve 06:37 Ra 04:21 Sa 02:27			Mo 23:50
Su 20:53 Me 00:11			

Vimshottari
Ma-Mo 02-09-2017
Ra-Ra 03-04-2018
Ra-Ju 14-12-2020
Ra-Sa 10-05-2023
Ra-Me 16-03-2026
Ra-Ke 02-10-2028
Ra-Ve 21-10-2029
Ra-Su 20-10-2032
Ra-Mo 14-09-2033
Ra-Ma 16-03-2035
Ju-Ju 03-04-2036
Ju-Sa 22-05-2038
Ju-Me 02-12-2040
Ju-Ke 10-03-2043
Ju-Ve 14-02-2044
Ju-Su 15-10-2046
Ju-Mo 03-08-2047
Ju-Ma 02-12-2048
Ju-Ra 08-11-2049
Sa-Sa 02-04-2052

D9 Navamsha (spouse)

	Me		
Ma Ra Ve			As
Sa			Ke
JuR	Mo	Su	

Birth Chart

Ma			
3	2	As	12 11
Ke JuR	4	1	10
		7	Ve
Mo	5		Sa Ra
	6		9
			8
			Su
			Me

Degree	RC	Rashi	Nakshatra
As 12:41:54		Ari	Ashwini
Su 20:53:56		Sag	P.Shad.
Mo 23:50:17		Leo	P.Phalg.
Ma 04:07:01		Tau	Krittika
Me 00:11:36		Sag	Moola
Ju 17:47:12	R	Can	Ashlesha
Ve 06:37:12		Cap	U.Shad.
Sa 02:27:06	c	Cap	U.Shad.
Ra 04:21:14		Cap	U.Shad.
Ke 04:21:14		Can	Pushya

p#	lrd/sb/ssb	Dignity	SB
4	Ke/Me/Ra		
3	Ve/Ju/Ke	Neutr.	1.05
4	Ve/Sa/Ju	Neutr.	0.91
3	Su/Sa/Su	Enemy	1.05
1	Ke/Ke/Su	Enemy	0.87
1	Me/Me/Ra	Exalt.	1.45
3	Su/Me/Ju	Neutr.	1.25
2	Su/Ju/Su	Own	1.38
3	Su/Sa/Mo	Neutr.	
1	Sa/Sa/Ve	Neutr.	